



NEXTLEVEL MEMORY

HOW TO LEARN FOREIGN LANGUAGES
10X FASTER
USING THE LINKING METHOD

WHAT YOU'LL LEARN IN THIS MODULE

- What is the Linking Method?
- Using Linking to Memorize Words & Vocabulary
- Using Linking for Symbols & Characters
- Best Practices for Learning



NEXTLEVELMEMORY

PUT LANGUAGE TO USE

- This module will teach you how to learn and remember languages faster
- Memory techniques are powerful for learning languages, but are just a tool
- Mindlessly memorizing lists of vocabulary won't get you anywhere
- We learn languages to be conversational. To talk to and understand people.
- Memory will help you retain words and meaning, but up to you to converse and practice



NEXTLEVELMEMORY

THE LINKING METHOD

- What is the Linking Method?
 - Memory technique where you create a visual link between the foreign word and it's English translation.
 - 1) Create 2 images (1 image for the foreign word AND 1 image for the English word)
 - 2) Connect those 2 images together into 1 linked image
 - You don't need to store them in a Journey
 - By linking, you will learn & retain words 10x longer



NEXTLEVELMEMORY

LINKING WORDS

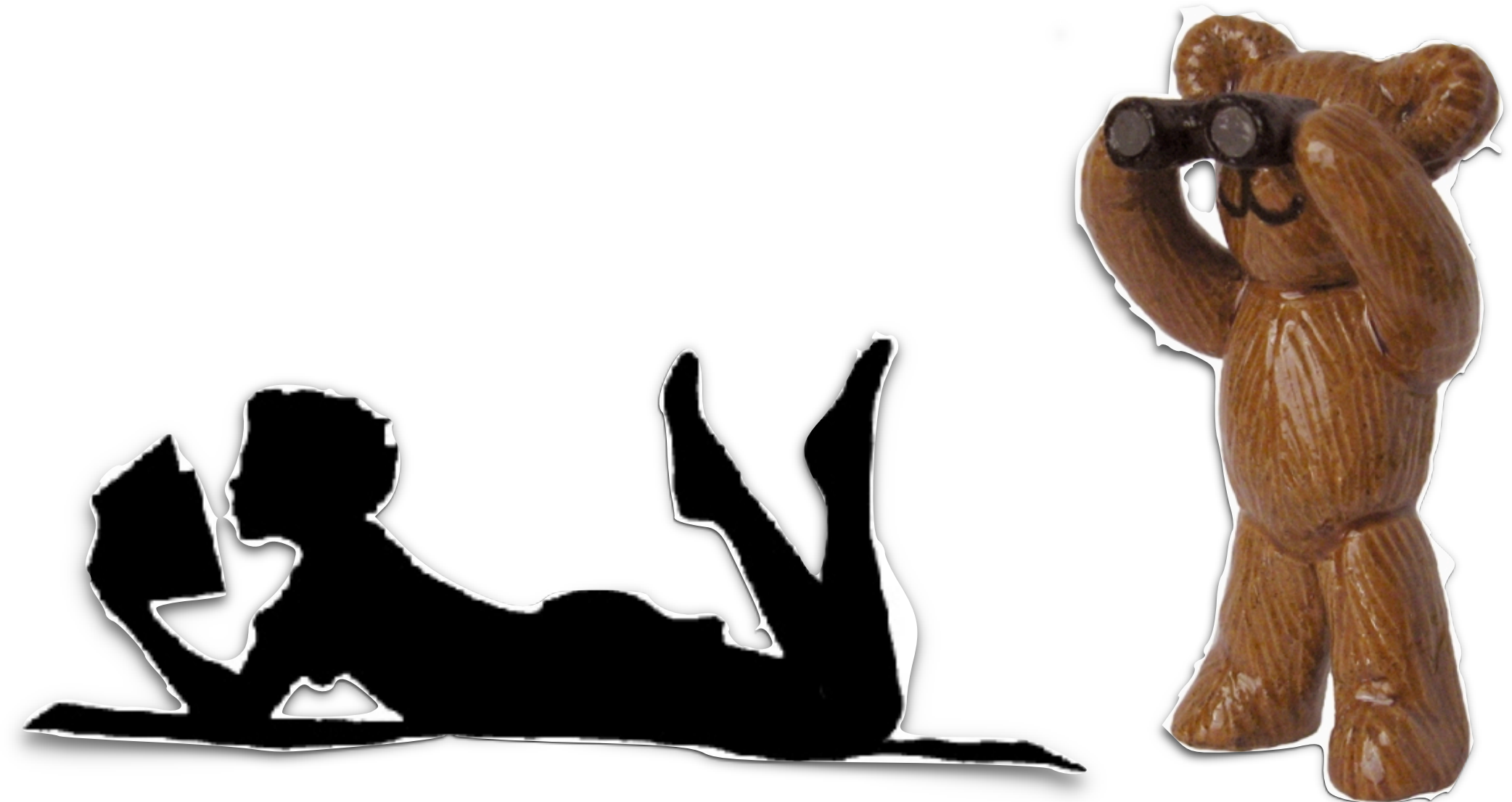
- **Note: I'll be using Spanish as an example in this module, but these techniques apply to all languages you're learning.*
- Linking example:
 - Piscina means pool
 - Now, I need an image for piscina
 - Piscina sounds like "piss in a" (or "piece in a")
 - Linked image: **Pissing in a pool**
- When you hear/read "piscina" - this will trigger the image of pissing in a pool



NEXTLEVELMEMORY

LINKING WORDS

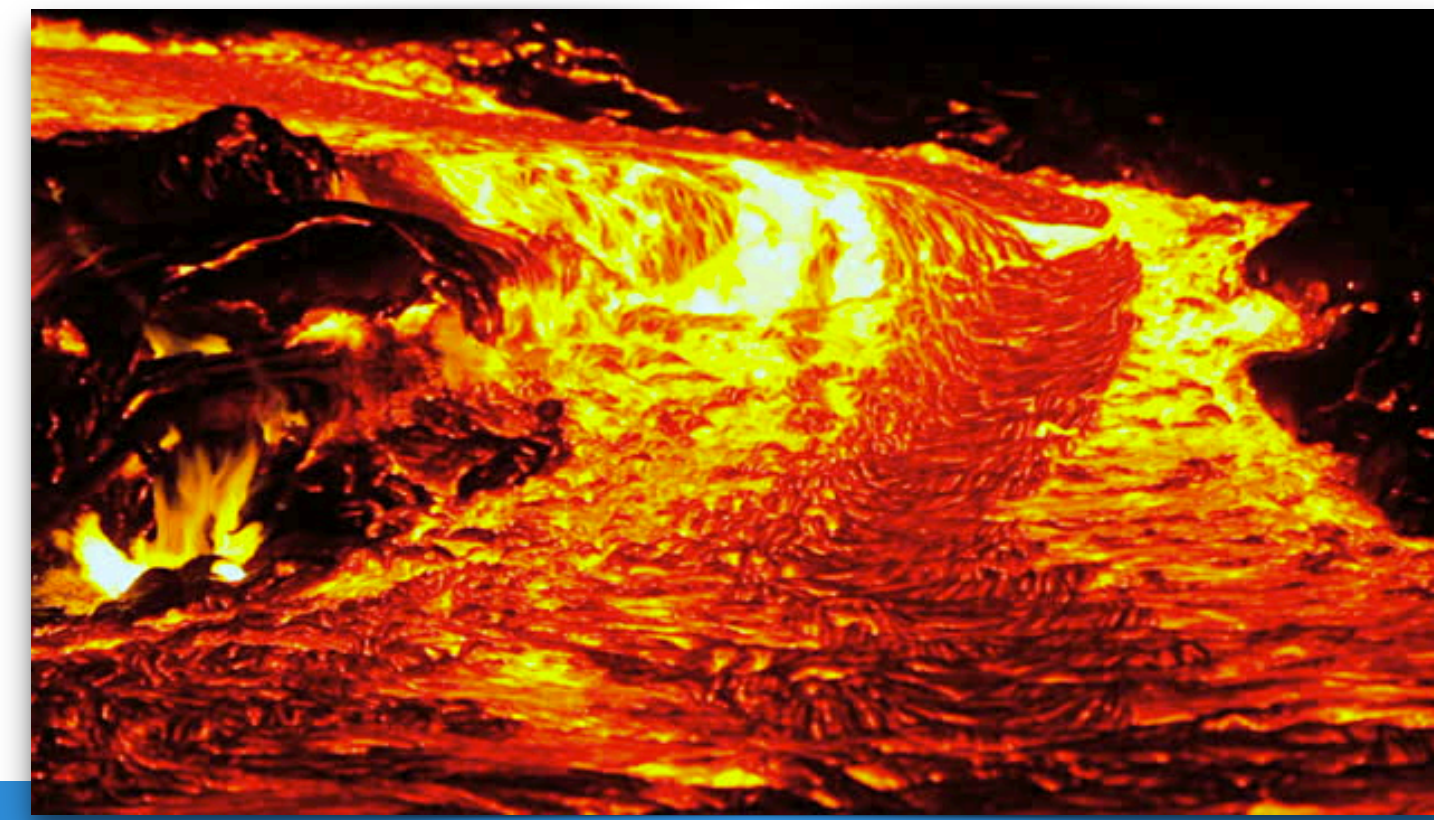
- Ir = to go
 - Ir sounds like ear
 - Linked image: You order an ear in a drive-thru ("I'll have an ear to go")
- Ver = to see
 - Ver sounds like Bear
 - Linked image: Bear looking through binoculars
- Leer = to read
 - Leer sounds like "lay air"
 - Linked image: You lay on air while reading a book



NEXTLEVELMEMORY

LINKING WORDS

- Silla = chair
 - Silla sounds like "See ya"
 - Linked image: A chair walks away and says "See ya"
- Lavabo = sink
 - Lavabo sounds like "lava bowl"
 - Linked image: Your sink is a bowl of molten lava



NEXTLEVELMEMORY

LINKING WORDS

- What about words that are hard to form images for?
- Example: Ojo = eye
 - Ojo?
 - Use the “ink blot technique”
 - What’s the first thing you think of when you hear/read “ojo”?
 - I think of Santa laughing “ho ho ho” = “ojo ho”
 - Linked image: Eyeballs pop out of Santa’s mouth as he laughs



NEXTLEVELMEMORY

LINKING WORDS

- What about longer words?
- Example: Biblioteca = library
 - Break it down:
 - Bib = bib
 - lio = Leo
 - teca = "take a"



NEXTLEVELMEMORY

LINKING SYMBOLS

- What if you're learning Chinese, Japanese, or other languages where you need to learn symbols & characters
- Apply same linking principles
- 1) What does the symbol look like?
- 2) Link the 2 images into 1 image
 - Example - Chineasy (chineasy.com)
 - Created by ShaoLan



NEXTLEVELMEMORY

LINKING SYMBOLS

- Examples taken from Chineasy:



NEXTLEVELMEMORY

LINKING SYMBOLS

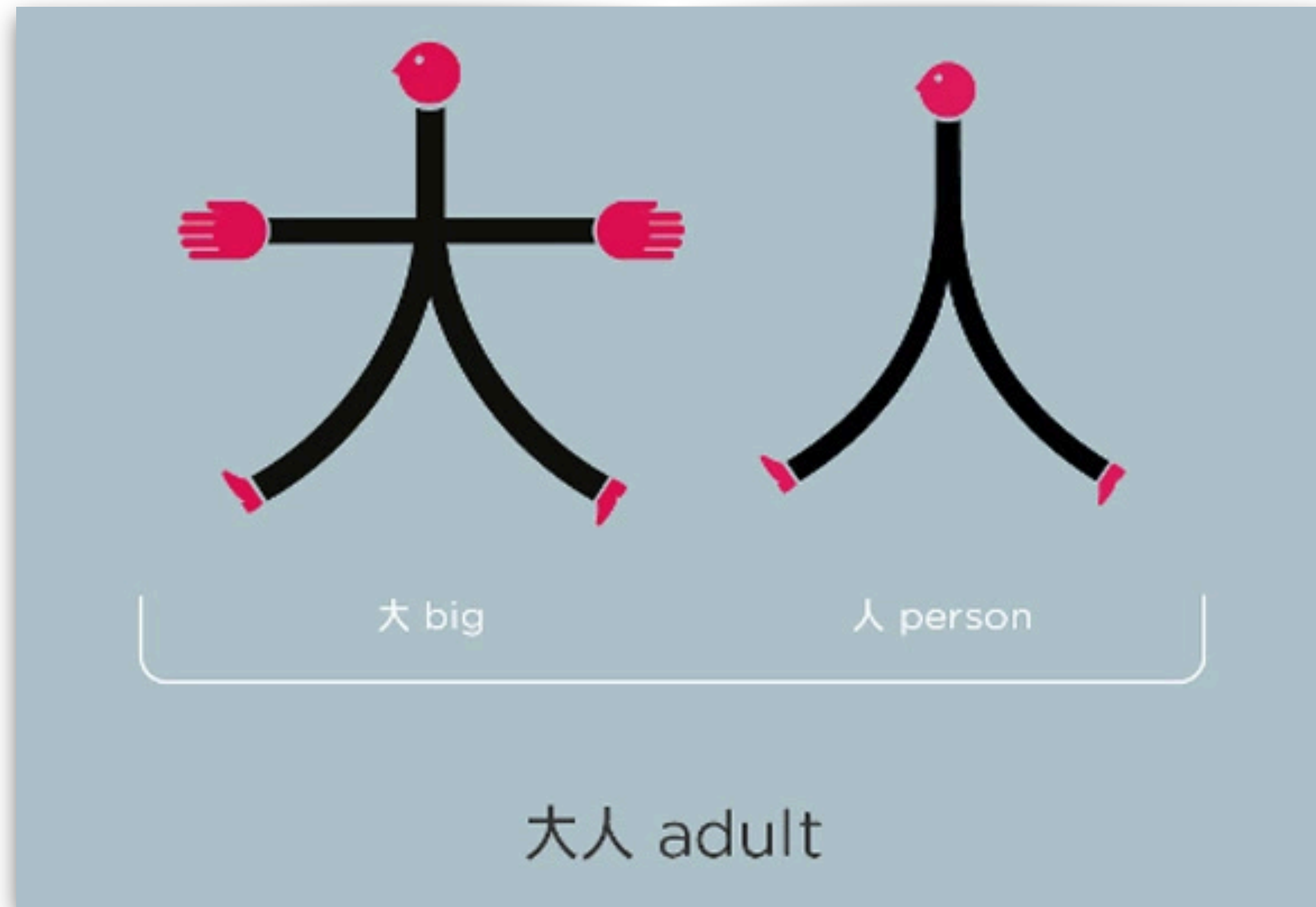
- Examples taken from Chineasy:



NEXTLEVELMEMORY

LINKING SYMBOLS

- Examples taken from Chinese:



NEXTLEVELMEMORY

WHAT TO LEARN FIRST

- Write down 10-15 most common PHRASES you say to people:
 - Hello. How are you?
 - Where is the _____?
 - What is your name?
- Find list of 100 most common WORDS & VERBS
 - a, and, the, or, but, so, her, him, it, what, why...
 - talk, see, can, do, have, want, think, give...
- Learn these words, verbs, phrases first & practice them the most



NEXTLEVELMEMORY

BEST PRACTICES

- Set a schedule, link just 10 words/phrases a day (that's 300/month!)
- Use simple flashcards or flashcard app (Anki)
 - Foreign word on front, english translation on back
 - Spaced Repetition (review schedule)
 - Day 1, 2, 4, 8, 16, 32, etc.
 - Review both ways to strengthen the linked image you formed
 - See Foreign word and say English translation
 - See English word and say Foreign translation



NEXTLEVELMEMORY

BEST PRACTICES

- Remember, don't just mindlessly memorize words or symbols. Learn to be conversational.
- Practice the 4 parts of learning a language:
 - 1) Reading the language
 - 2) Writing the language
 - 3) Speaking the language
 - 4) Hearing the language



NEXTLEVELMEMORY

KEY TAKEAWAYS

- Linking Method is a just tool to learn a language faster and retain it longer
- The fastest learning comes from applying it...reading, writing, and in conversation
- Linking Method = Make an image for the foreign word AND an image for the English translation. Mash them together into 1 linked image.
- First, learn most common words and phrases you use in conversation
- Use spaced repetition to solidify the linked words



NEXTLEVELMEMORY

learn a language

“The best time to ~~plant a tree~~ was 20 years ago.
The second best time is now.”

– *Chinese Proverb*

ACTION ITEM

Start linking TODAY!



NEXTLEVELMEMORY